

# 8 Week Cleaning Challenge:

## Laundry Room!

- Wash the Floor- If you are able, wash the floor under your washer and dryer as well.
- Vacuum/Dust the Baseboards
- Dust All Surfaces
- Wash Rugs
- Clean Windows and Window Sills
- Dust Blinds
- Clean your Washing Machine
- Clean you Dryer
- Organize Laundry Supplies- Toss items that are old/no longer used
- Empty the Trash
- Disinfect Door Knobs and Light Switches
- Dust/Clean Vents and Cold Air Returns